

METROPOLITAN SCHOOL DISTRICT of LAWRENCE TOWNSHIP

LIFE THREATENING ALLERGY GUIDELINES PARENT / STUDENT GUIDELINES

These guidelines are written for students who have a history of anaphylaxis with resultant epinephrine administration or have been given an epinephrine prescription by their physician but have not needed to use it. While all allergic reactions have some potential to be serious, it is the intent of these guidelines to focus on allergies that are known to have higher risk. In the secondary school setting modifications of the guidelines may be necessary, due to the age and developmental level of the student.

Family's Responsibility

- Notify the school of the child's life threatening allergies (food, insect, latex, other)
- Provide written medical documentation, instructions, and medications as directed by a physician. The allergy emergency health care plan must be completed and signed by the parent/guardian and physician. MSDLT has a policy regarding taking medications at school.
- Provide and update emergency contact information.
- Information must be updated each school year.
- It is the responsibility of the parent/guardian to provide the school with the necessary medications. All medications must be in the original container as per MSDLT policy.
- Educate your child in the self-management of their allergy;
 - Safe and unsafe foods
 - Strategies for avoiding exposure to allergen
 - Symptoms of allergic reactions
 - How and when to tell an adult they may be having an allergy-related problem
 - How and when to take medications for an allergic reaction (age appropriate)
 - How to read food labels (age appropriate)
 - To carry their own emergency medications and a copy of their Allergy Emergency Health Care Plan with them. (age appropriate) The Permission to Carry and Self-Administer Medication at School form must be completed and signed by both the parent/guardian and physician. A back-up supply of medications must be provided to the school clinic.

Student's Responsibility

- If food allergen: to not trade food with others
- To not eat anything with unknown ingredients or known to contain any allergen
- Participate in the care and management of their allergies and reactions based on their developmental level.
- Notify an adult immediately if they eat something they believe may contain the food they are allergic to or come into contact with their allergen.
- Notify an adult if they are being teased or threatened by other students as it relates to their allergy.

