

OUR MISSION IS TO IMPROVE HEALTH AND ADVANCE EDUCATION FOR THE INDIANA LATINO COMMUNITY THROUGH STATEWIDE ADVOCACY, RESEARCH, AND CULTURALLY RESPONSIVE PROGRAMS.

WHY SHOULD WE TALK ABOUT SMOKING AND VAPING DURING THIS PANDEMIC? THOSE WHO SMOKE OR EVEN VAPE MAY BE AT A HIGHER RISK FOR COMPLICATIONS IF INFECTED WITH COVID-19.

WHAT WE KNOW:

Long-term smokers and e-cigarette users are at a heightened risk of developing chronic lung conditions, and other chronic illnesses. Smoking also affects the immune system.

WHY WE ARE CONCERNED:

Due to the harm smoking and vaping does to the lungs and immune system, those who use tobacco and nicotine products are more at risk to develop serious complications in relation to COVID-19 than their non-smoking or vaping counterparts.

We also know that the very nature of smoking and vaping can heighten the risk of infection, due to the hand to mouth contact that occurs.

It is also important to note the common practice of sharing vaping or smoking devices among youth, this also puts those who vape at risk.

Smoking damages your lungs and other parts of your body, and may increase your risk of getting a severe case of COVID-19



#coronavirus #COVID19

WHAT DO WE RECOMMEND?

Speak about the risks related to smoking and vaping, advise those who smoke and vape to quit.

Refer all those ready to Quit to the INDIANA TOBACCO QUIT LINE

Where can I learn more?

[Truth Initiative](#)

[NIH](#)

[Retro Report](#)

[USCF](#)

[Life Science](#)

[ILI](#)



1.800.QUIT.NOW
Indiana's Tobacco Quitline
QuitNowIndiana.com



ARE YOU RECEIVING ANY QUESTIONS REGARDING YOUTH E-CIGARETTE AND VAPE USE?



Most youth are home now due to school closings and may not be able to get nicotine based products.

Due to this many may be going through nicotine withdrawal without even realizing it. Below are some resources that may help guide those conversations with youth and their families.

INTERESTED IN A PRESENTATION? Below is a list of presentations that we offer.

- INTRODUCTION TO THE QUIT-LINE, ITS VARIOUS PROGRAMS, AND HOW TO REFER
- POINT OF SALE: HOW BIG TOBACCO MARKETS TOBACCO PRODUCTS HERE IN MARION COUNTY
- KIDS AND VAPING: WHAT YOU NEED TO KNOW ABOUT E-CIGARETTES AND VAPING
- WHAT YOU NEED TO KNOW ABOUT E-CIGARETTES AND VAPING
- ALL YOU NEED TO KNOW ABOUT JUUL

[SMOKE FREE TEEN](#)

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QUESTIONS? EMAIL OUR OUTREACH SPECIALIST BERENICE AT
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